



**2014 Nebraska Association  
Junior Olympic Cross Country Championships  
Walnut Grove Park – 151st & Q Streets – Omaha, Nebraska  
Sunday, November 16, 2014 – 2:00 p.m.**

**Meet Schedule:** First race is at 2:00 p.m. with boys and girls in each distance running together. Succeeding races to follow ten (10) minutes following completion of previous race.

Approximate Schedule (Age divisions may be combined for competition purposes):

- 2:00 p.m.
  - 8 & Under Boys and Girls (2,000 meters) (born 2006 or later)
  - 9-10 Boys and Girls (3,000 meters) (born 2004-2005)
  - 11-12 Boys and Girls (3,000 meters) (born 2002-2003)
- 2:30 p.m.
  - 13-14 Boys and Girls (4,000 meters) (born 2000-2001)
- 3:00 p.m.
  - 15-16 Boys and Girls (5,000 meters) (born 1998-1999)
  - 17-18 Boys and Girls (5,000 meters) (born 1996-1997)

Course walks will commence at 1:00 p.m.

**Entry fee:** \$5.00. Enter online at [https://usatfregistration.com/track/entry/ne\\_usaxcyouth29](https://usatfregistration.com/track/entry/ne_usaxcyouth29).

**USA Track & Field Membership:** All participants must be members of USATF. If not a member, you may apply for membership online at <https://www.usatf.org/membership/application/index.asp>.

**Awards:** Medals to the top ten (10) individuals in each race.

**National Qualification:** The top ten (10) individuals and the top team from each division qualify for the USATF National Junior Olympic Championships in Myrtle Beach, South Carolina, on Saturday, December 13th.

**Results:** Posted at [www.nebraskausatf.org](http://www.nebraskausatf.org).

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