

2024 Wahoo Track Club Invitational Meet



Wahoo High School • 2201 North Locust Street • Wahoo, Nebraska Thursday, May 23, 2024. Field Events 4pm; Running Events 5pm. Entry Deadline: Tuesday, May 21st, by 5pm CDT Meet Director Contact: Erin Buckmaster, 402-443-6956 or wahooyouthtrack@gmail.com

This meet is sanctioned by Nebraska Association-USATF. Athletes must be a member of USATF to compete!

- ENTRY FEE: Register online at <u>www.athletic.net</u> \$5 per individual event and \$20 per relay team. Payment due on Athletic.net invoice, online only. Entry fees are non-refundable if the meet is cancelled due to weather.
- AWARDS: Medals to the top three (3) places and ribbons to the next three (3) places in each event.
- PROTESTS: Must be made in writing to the Meet Director with a \$10 deposit within 15 minutes of the event.
- RELAYS: Relay members must wear the same color shirt. Relays must consist of members in the same age group.
- EVENTS: 8 & under, 9-10, and 11-12 can enter 3 events including relays; 13-14, 15-16, and 17-18 can enter 4 events including relays. No Javelin; No 3000m run; No 200m hurdles or 400m hurdles.
- ADMISSION: \$5 per adult, no charge children ages up to 18. No charge for Coach with current USATF card.
- Age Groups: Will be called using both Age & Previous Designation: "8 & Under—Sub Bantam" etc. Parents & Coaches, please help your athletes listen for their age group.

Age Division	Year of Birth
8 & Under (Sub Bantam)	2016+*
9 – 10 (Bantam)	2014-2015
11 - 12 (Midget)	2012-2013
13 - 14 (Youth)	2010-2011
15 – 16 (Intermediate)	2008-2009
17-18 (Young Men/Women)	2006-2007

Visit Nebraska USATF website: <u>www.nebraskausatf.org</u> for other information re: meets in Nebraska.

Announcements the day of the meet take precedence over the published schedule! Running events take precedence over field events. Athletes should notify field event judge and go to running event when called. Return to field event when finished with running event.

Order of Events: Wahoo Track Club Invitational Meet Thursday, May 23, 2024

SCHEDULE OF FIELD EVENTS Starting Time: 4 p.m. First call at 3:40 p.m.

All field events, with the exception of High Jump, will be 4 attempts, no finals.

Long Jump-West pit: Girls: 13-14; 15-16 & 17-18 combined; 11-12; 9-10; 8 & under

Triple Jump will follow Long Jump - West pit: Girls: Combined 13-14, 15-16, 17-18

Long Jump-East pit: Boys: 13-14; 15-16 & 17-18 combined; 11-12; 9-10; 8 & under

Triple Jump will follow Long Jump – East pit: Boys: Combined 13-14, 15-16, 17-18

High Jump: 9-10G; 9-10B; 13-14G; 13-14B; 11-12G; 11-12B; 15-16G; 15-16B, 17-18 to follow.

Shot Put: 8 & under G; 8 & under B; 9-10 G; 9-10B; 11-12 G; 11-12B; 13-14G; 15-16 G & 17-18G combined; 13-14B; 15-16B & 17-18B combined.

Discus: 11-12G; 11-12B; 13-14G; 15-16G & 17-18G combined; 13-14B; 15-16B & 17-18B combined.

SCHEDULE OF RUNNING EVENTS

Starting Time: 5:00pm. First call at 4:30pm.

All running events, no finals!

Standard order: 8 & under; 9-10; 11-12; 13-14; 15-16, 17-18. Girls first, then Boys. Groups may be combined for some races.

80 m Hurdles: 11-12; no finals.

100 m Hurdles: 13-14G, 13-14B; 15-16, 17-18 Girls; no finals.

110 m Hurdles: 15-16, 17-18 Boys; no finals.

100 m dash: Standard order; no finals.

400 m dash: Standard order; no finals.

200 m dash: Standard order; no finals.

800 m run: Standard order; no finals.

1500 m run: Standard order; no finals. Groups may be combined.

4 x 100 m Relay: Standard order; no finals. Groups may be combined.

4 x 400 m Relay: Standard order; no finals. Groups may be combined.